

For Immediate Release

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Fall is so full - it's back to school, back to work after summer holidays and often, a time to begin a new path.

For many this is the season of the Harvest and of the Jewish New Year.

What an opportunity we have - one can take some of the frustration and stress they experience and say goodbye to it. Now is a time to develop new habits, new systems, and mostly, a time to give yourself a break in a new way.

People today have more space, more stuff, and less time than ever before. But, with the luxury of "more" can also come more clutter and more disorganization, making the need for professional organizers greater than ever before .

Debby Fenn, owner of Away It Goes, [www.awayitgoesbelmont.com](http://www.awayitgoesbelmont.com) has owned her business for 4 years and brings to it her experience at The Container Store and as a clinical social worker for over 15 years. Her specialties include working with people in transition as well as those who are ready to make some changes in their lives. She can help you at home or at work. She is directive and can do the work for you or do the work with you.

Debby is available to help combat the overwhelming feeling homeowners can face when they know something needs to be done, but just aren't sure where to start. She is available via email and phone. A free telephone interview is always a good way to begin the process of something that can feel enormous.

"It's proven that organized people save time and money and reduce stress and frustration levels," says Debby Fenn, local professional organizer and NAPO® member. "There is no one right or wrong way to get organized, but a professional organizer will take an objective look at your space and give you parameters on what to keep, what to toss, and where to take action so you can reap the overall benefits that being organized has on your life ."

Nineteen percent of people surveyed on behalf of NAPO® in 2007 said if they were organized, they would save more than one hour of time daily, giving them an extra 15 days in a year. The majority of Americans just do not know what to keep or toss. In fact, 80 percent of what we keep, we never use.

With statistics such as these, it is more important than ever to consider ways to get organized and take steps towards better living.

